



# Chemical Peels

## A bit about the course:

During our Chemical Peel course we will teach you the uses of chemical peels in helping your clients achieve a more youthful and radiant look.

### What is a Chemical Peel?

These aesthetic treatments use re-surfacing peels at 30% and 50% glycolic/lactic & salicylic solution. The combination of glycolic acid, lactic acid and salicylic acid within a superficial chemical peel provides a skin exfoliant. These solutions chemically remove keratinised structures of the epidermis, restoring a radiant complexion.

### Course Duration

This course is structured over half day and runs from 10am – 1pm. We ask students to arrive at 9.45am to ensure a prompt start. You will learn the theory of the treatment firstly, and spend the majority of the day practising your practical skills.

### What we will cover:

- Health, Safety & Hygiene
- Contraindications
- Contra-actions
- Client Consultations
- Anatomy & Physiology
- History & Benefits of Chemical Peels
- Different Solutions & Client Suitability
- Practical Step by Step Demonstration
- Aftercare Advice

