

Manicure & Pedicure

A bit about the course:

Our Manicure and Pedicure Training Course will teach you two of the most requested services within the beauty industry, specifically how to perform these treatments with confidence, adhering to a professional level of service. These are fundamental treatments to offer if you are looking to work as a nail technician or beauty therapist; especially as they are in high demand all year round for clients of all ages.

Course Duration

This course is structured over two days and runs from 10am – 4pm. We ask students to arrive at 9.45am to ensure a prompt start. You will learn the theory of the treatment firstly, and spend the majority of the day practising your practical skills, with a short break for lunch.

What is included?

- Health, safety & hygiene
- Consultation techniques
- Contraindications
- Manicure procedure*
- Pedicure procedure*
- Filing and cuticle work
- Exfoliation
- Nail polishing techniques
- Mask application
- Use of heated mitts
- Hot oil treatment
- Paraffin wax application
- Massage of the hand and foot
- Homecare advice for clients

Price: £200.00